# Spiritual Maturity

Mature women

### Tits 2:1-5

- ¹But as for you, speak the things which are proper for sound doctrine:
  - <sup>2</sup>that the older men be sober, reverent, temperate, sound in faith, in love, in patience;
  - <sup>3</sup>the older women likewise, that they be reverent in behavior, not slanderers, not given to much wine, teachers of good things—

    <sup>4</sup>that they admonish the young women to love their husbands, to love their children,
  - <sup>5</sup>to be discreet, chaste, homemakers, good, obedient to their own husbands, that the word of God may not be blasphemed.

### Instructions to Titus

- Titus task
  - Teach what is proper for healthy Christians (correct teaching)
- Proper (πρέπω 4241)
  - to stand out, to be conspicuous, to be eminent
  - to be becoming, seemly, fit
- Sound (ὑγιαίνω 5198)
  - to be sound, to be well, to be in good health
  - metaphorically
    - of Christians whose opinions are free from any mixture of error
    - of one who keeps the graces and is strong
- Doctrine (διδασκαλία 1319)
  - teaching, instruction
  - teaching
    - that which is taught, doctrine
    - teachings, precepts

### Starts with the men

- Speaking about the characteristics of older men
  - Abstain or restraint in relation to alcohol
  - To be an honourable person
  - To be self controlled and ruling desires and impulses
  - Sound in what one believes and holds
  - To have love (agape)
  - Patience and endurance

### Likewise

Turns now to the older women

- Your behaviour is to be fitting to your surroundings
- Not one who makes false and malicious statements about someone else
- Some one who has enslaved themselves to much wine
- Some one who teaches what is good

### 1 Tim 2:9

- 8I desire therefore that the men pray everywhere, lifting up holy hands, without wrath and doubting;
  - <sup>9</sup>in like manner also, that the women adorn themselves in modest apparel, with propriety and moderation, not with braided hair or gold or pearls or costly clothing,
  - <sup>10</sup>but, which is proper for women professing godliness, with good works.

### Behaviour

- Your behaviour is to be fitting to your surroundings
  - Bigger than just dress (but included)
  - God considers inside
    - Thoughts
    - Attitude
    - Motivations
  - This is what leads to actions
  - c/w Sermon on the mount Matt 5 ff
    - What sits behind action
      - Adultery Lust
      - Murder Anger

### Reverent

- Men (σεμνός 4586)
  - August, venerable, reverend
  - to be venerated for character, honourable
    - of persons
    - of deeds
- Women (ὶεροπρεπής 2412)
  - befitting men, places, actions or sacred things to God
  - Reverent
- Hence
  - respectful and appropriate

### Slanderer

- Slanderous (διάβολος 1228)
  - prone to slander, slanderous, accusing falsely
    - a calumniator, false accuser, slanderer
      - to utter maliciously false statements, charges, or imputations about
  - metaphorically applied to a man who, by opposing the cause of God, may be said to act the part of the devil or to side with him (father of lies)
- Bigger than a gossip
  - Which is primarily circulating rumours without establish the facts
    - Unrestrained in their speech
- Out to destroy the reputation of the other person
  - E.g. I am going to start a rumour that she is stealing from her boss

### Wine

- Lit not a slave to wine
  - i.e. implies a dependence
  - I cannot get through the day without a wine (alcohol)
  - Association of alcohol and behaviour
- Again different to men
  - Sober (νηφάλεος / νηφάλιος 3524)
    - sober, temperate
      - abstaining from wine, either entirely or at least from its immoderate use
      - of things free from all wine, as vessels, offerings

### **Teaches Good**

- Teachers of good things (καλοδιδάσκαλος 2567)
- Teaching that which is good, a teacher of goodness
- Encompassing example as well as verbal
- Starts with what is in the next verse

## **Teaching**

- Older women to teach younger women
- Train/Teach/Admonish (σωφρονίζω 4994)
  - restore one to his senses
  - to moderate, control, curb, disciple
  - to hold one to his duty
  - to admonish, to exhort earnestly
- To bring someone back to straight and narrow (God's way)
  - Admonish warn
  - Exhort encourage

### To love ...

- So they are to instruct/warn/disciple the younger (women)
  - Specifies two things
    - Love Husband
    - Love wife
- However
  - Both these words are based on (philew)
  - That is to have love or affection for
    - In this case
      - Husband
      - Children

## Marriage

- Why do you need to teach love/affection
- Modern society looks at marriage as
  - Well if I don't like it I can get out
  - Biblical is marriage is for life
- Need to work at it
- Some evidence also for arranged marriages
  - Isaac Gen 24
  - Father sent to find a suitable wife

## What might this look like?

- Showing appropriate respect home / public
- A show of interest in what he's doing or has done
- Expressions of love and respect, do not criticise in his absence
- Being a discerning support in difficult times
- Consultation before major decisions
- Praying together
- Studying the word together
- Stir each other up to good works

## Eph 5:22-29

- <sup>22</sup>Wives, submit to your own husbands, as to the Lord.
  - <sup>23</sup>For the husband is head of the wife, as also Christ is head of the church; and He is the Savior of the body.
  - <sup>24</sup>Therefore, just as the church is subject to Christ, so *let* the wives *be* to their own husbands in everything.
  - <sup>25</sup>Husbands, love your wives, just as Christ also loved the church and gave Himself for her,
  - <sup>26</sup>that He might sanctify and cleanse her with the washing of water by the word,
  - <sup>27</sup>that He might present her to Himself a glorious church, not having spot or wrinkle or any such thing, but that she should be holy and without blemish.
  - <sup>28</sup>So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself.
  - <sup>29</sup>For no one ever hated his own flesh, but nourishes and cherishes it, just as the Lord *does* the church.

### Love

- In Eph it is the word agapaw
  - Only word of God's love for man
  - Tends to be more considered and thoughtful
    - Sacrificial God's love -> Christ died for sins
  - Love motivated by what is best for the other
- In Titus word is Philew
  - More interpersonal relationship focused
  - Tends to be more affection
- Overlap between the words

### Husband

- As Christ loved the church
  - Sacrificial
  - Considering the highest good of mankind (God so loved world)
  - Selfless (see Phil 2:5-8)
- <sup>5</sup>Let this mind be in you which was also in Christ Jesus,
   <sup>6</sup>who, being in the form of God, did not consider it robbery to be equal with God,
  - <sup>7</sup>but made Himself of no reputation, taking the form of a bondservant, *and* coming in the likeness of men.
  - <sup>8</sup>And being found in appearance as a man, He humbled Himself and became obedient to *the point of* death, even the death of the cross.

### **Husband Love**

- What is in her best interests
  - Spiritual
    - To get her and my self to be with God
  - Physical
    - He well being on this earth
  - etc
- What do I need to do to make this happen?
- What do I need to give up in order to make this happen?
  - When it's a choice between what I want and what she wants
    - Which way do you go?
    - Why?

### Characteristics

- Self controlled and keeping desires under control (same older men)
- Pure without reproach
  - Chaste -> sexual (focus)
  - However, Greek word is bigger than just that
- Caring for the house, taking care of household effects
  - Responsible for running the house hold
  - Note: most people worked from home during this time (trade/farm etc)
- Subjecting oneself to the husband
  - See above

## Interpretation/Challenge

- Women are to stay at home and raise the children
- Then why does the elder qualification say (1 Tim 3:4)
  - one who rules his own house well, having his children in submission with all
- See also Deut 6:1-9
  - Puts the onus on Men to teach God's word to children
- Proverbs 31
  - Farmer
  - Merchant garments

### Purpose

- In order that -> Purpose
- Do not bring word of God to be spoken evil of
  - See what those who claim to be Christian do!
  - If they are like that then why would you be part of it
- Need to be an example
  - How can you disciple someone to this way of life if you do not live it

## To the younger

- What does this imply
- You need the guidance of older women
  - Seek it out
- You need to look to these characteristics yourselves
  - One day you will be the older woman
- You can be admonished / corrected /exhorted
  - Respond appropriately

## Consider responses

- When someone admonishes
  - For example over slander
  - How do you respond

#### Deny it

- No I didn't
  - That's not slander it's a fact
  - Then walk off
    - I don't want to talk about it

#### Justify Yourself

- Excuses
  - That happened because of this ... I wasn't really
  - It wasn't really sin then because
  - Get other people to support your case

## Response Continued

- Defensive
  - Get Upset
  - Blame Shift The old Adam and Eve trick
    - It was Bill not me, I just repeated what he said.
- Run away
  - Make an excuse (I need to attend to my children)
  - Avoid person for a few weeks & hope they forget
- Play along to take heat of me
  - Give right answer
    - Take heat of
    - Now we can ignore it and do something else
  - Yes I know that
    - shut them up so you don't feel bad anymore

## Response Continued

#### Attack or Fight Back

- But you did this to me when this happened...
- How dare you accuse me
- You didn't say it to me in the right way
- Criticise them
  - Or accuse them of some sin

#### Gang up on the person

- You go and slander them to everyone else so they won't talk to them either
- Make life difficult for them

## Response Continued

- Rebellion
  - Yes, so what!
- Reject them
  - You have no right to talk to me like that
- Revenge
  - I will get you back as soon as you do something wrong!

## Is your response to focus on Self

#### Pride

- Not wanting to admit you are wrong
- Self Preservation

#### Anger

• How dare you...

#### Self-Righteousness

• I am better than you anyway...

#### Verbal Violence

To win in order to not have to deal with the situation

#### • Guilt

But bad response

## **Godly Response**

- Thankfulness
- Humility (Contrite heart) Heb 3:15
- Honest evaluation
  - Compare with the word
- **Love** 1 Cor 13
- Godly Sorrow Rom 10
- Change / Repentance
  - Luke 13
  - Fruits of repentance
- Seek Help
  - Prayer

### Being Transformed - Heart

- Treasure and Heart
- For where your treasure is, there your heart will be also (Luke 12:34)
  - What you value will set the direction of heart or mind
- Hence if value things of this world then will not give them up
- Can help explain why we do things
- Rather
  - Flee youthful passions or lusts (2 Timothy 2:22)

## Being Transformed - Mind

- Process
- Identify what is flesh way
  - What do we really value or treasure
- Identify what is Christ's way
  - Word of God
- Replacement of one by other
- Renewed in mind

## Being Transformed

- Mind Change
- Attitude
- Focus
- Thinking

- $\Leftrightarrow$
- Discernment
  - Good / Evil
  - Develop by use
  - Living it

- $\Leftrightarrow$
- Behaviour Change
  - Put off
  - □ Put on
  - Living It

## Being transformed

- Situation, what is it that leads me to this sin (ways of world)
  - Are there things that I do that make it easier to sin
    - What is it that drags me to this
    - What in the world am I grasping at or hanging on to
  - Is there a pattern of things that lead up to it?
    - How can I break the pattern?
      - I do X
      - It leads to Y
      - Then I find myself in sin
- Am I really convinced that this needs to stop (attitude/thinking)
  - Is there part of me that wants to keep going?
  - i.e. I enjoy doing it and I am not fully committed to stopping
  - Have I set up a half way point that means I mostly give it up

## Being transformed

- What have I put in place to actual stop doing this?
  - What is my strategy?
  - What will I change?
    - And How will I do it?
    - Think through scenarios
      - When this occurs, I will respond with that

## Dealing with failure

- Recognise failure is possible
  - Spent years training ourselves in unrighteousness
  - Take time to retrain in righteousness
- What strategies have I put in place to deal with failure?
  - What went wrong?
    - This will identify the area I need to work on
    - What went wrong with the strategy
      - At what point did I go off the straight and narrow
      - How can I identify if it occurs again?
      - What are the warning signs?
  - What can I do differently this time?
    - How can I modify my strategy?
    - How can I pick up on those early indicators?

## Dealing with failure

- What additional things can I do
  - Share you issue with someone you trust
  - Talk over what happened and discuss how they can help
  - Someone to call when feeling weak

### Questions

- Is it optional to teach younger people? How can you develop the characteristics yourself?
- How does your own life help / hinder in the teaching of younger people?
- If someone was criticising their husband/wife in their absence, how would you respond to them?
- Discuss how you would develop self-control. Remember this qualification is for both men and women.